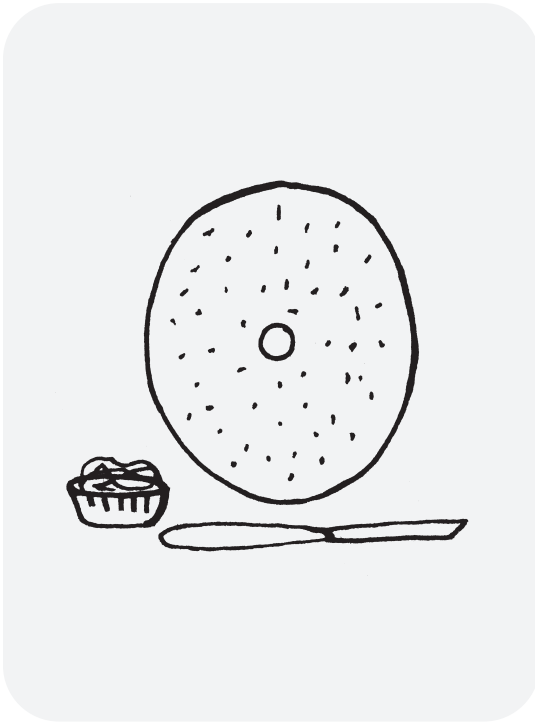


Bagels or Doughnuts?



Starting Off

1. What do you usually eat for breakfast?
2. What did you eat for breakfast when you were younger?
3. What is your definition of a “healthy” breakfast?
4. What is your definition of an “unhealthy” breakfast?